

# SRG

## First Response Training Services

Certified. Practical. Life Saving Skills.

---

[simpcwresourcesgroup.com](http://simpcwresourcesgroup.com)

# First Aid Training Courses

Safety is at the core of everything we do, and now we are bringing that commitment directly to you. Offering First Response Training designed to equip individuals and teams with the critical skills needed to handle emergencies effectively and confidently.



*Our trainers are industry-certified professionals with hands on experience.*

## EMERGENCY FIRST AID CPR C

Basic one-day course is designed for workplaces, industries, and community members. Learn essential lifesaving skills and meet safety and insurance board standards.

### DURATION

Emergency: 7.5 hours in class.

Blended: 4 hours in class + 4.5 hours online.

## STANDARD FIRST AID CPR C

This comprehensive two-day course offers more in-depth content covering lifesaving first aid and CPR skills. It teaches ways to provide care for diverse emergencies, which is suitable for people working in all industries and workplaces.

### DURATION

Standard First Aid CPR C: (2 Days) 14 hours in class.

Blended: 7 hours in class + 8 hours online learning.

## CPR LEVEL C

Focused training on responding to cardiovascular emergencies and choking for all ages. Gain the confidence to act in critical situations.

### DURATION

Standard: 5 hours in class.

Blended: 3 hours in class + 3 hours online.



Canadian Red Cross Training Partner



Learn more about our courses!

P: (236) 601-9722

E: [SRG.Training@SimpcoResourcesGroup.com](mailto:SRG.Training@SimpcoResourcesGroup.com)